

# PATH

(Planning Alternative Tomorrows with Hope)



## YOUR PATH

A focused Planning Process

### Steps

Situate yourself in a very positive future, picture it clearly, then think Backwards.

1. Touching the **Dream** (the North Star).
2. Sensing the **Goal**: Focus for the next year.
3. Grounding in the **Now**: Where am I/are we?
4. Identifying People to **Enroll** on the Journey.
5. Recognizing Ways to Build **Strength**.
6. Charting **Actions** for the Next few Months.
7. Planning the **Next Month's Work**
8. Committing to the **First Step** (the Next Step)

(Including a **Coach** to Support your First Step)