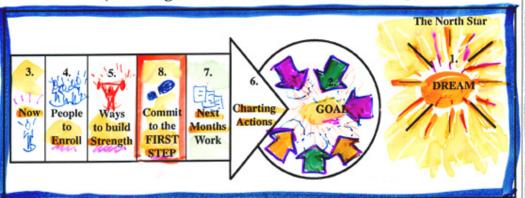
PATH

(Planning Alternative Tomorrows with Hope)



YOUR PATH A focused Planning Process

Steps

Situate yourself in a very postive future, picture it clearly, then think Backwards.

- 1. Touching the Dream (the North Star).
- Sensing the Goal: Focus for the next year.
- 3. Grounding in the Now: Where am I/are we?
- 4. Identifying People to Enroll on the Journey.
- 5. Recognizing Ways to Build Strength.
- 6. Charting Actions for the Next few Months.
- 7. Planning the Next Month's Work
- 8. Committing to the First Step (the Next Step)

(Including a Coach to Support your First Step)

© Inclusion Press

J. Pearpoint, J. O'Brien, M. Forest 1991